

## BUILDING COMMUNICATION

The basis of every new relationship is communication. Begin building good communication by completing the initial roommate contract. Continue to build roommate communication skills by always communicating openly, directly and immediately as issues arise. Each roommate owes the other the courtesy of speaking to him/her first. Don't put off problems; delayed discussions can lead to explosive problems that become more difficult to resolve. Use the following guide to assist you.

### ROOMMATE TO ROOMMATE: A GUIDE TO COMMUNITY LIVING

1. We prefer to go to bed around \_\_\_\_\_ and wake up around \_\_\_\_\_.
2. We prefer to study from \_\_\_\_\_ to \_\_\_\_\_.
3. We prefer to relax and socialize from \_\_\_\_\_ to \_\_\_\_\_.
4. Issues about our schedules are (low, mid, high) priority. (Circle One)

### IT'S THE HOUSEKEEPER'S SEMESTER OFF!

1. How neat/clean do we want our room? \_\_\_\_\_ eat off the floor \_\_\_\_\_ clean \_\_\_\_\_ moderate  
\_\_\_\_\_ lived in \_\_\_\_\_ anything goes
2. How would we like the room arranged/decorated? \_\_\_\_\_ coordinated \_\_\_\_\_ we do our own thing
3. Issues about our "room Keeping" are (low, mid, high) priority. (Circle One)

### WHAT IS MINE IS NOT NECESSARILY YOURS

1. We are comfortable sharing/borrowing the following things: (Circle All that apply):

Nothing clothes make-up CD's/books Paper Personal hygiene items Electronics

Other: \_\_\_\_\_

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2. Do we want to be asked before borrowing occurs? \_\_\_\_\_yes \_\_\_\_\_no
3. Do we mind if friends or guests use items in our room? \_\_\_\_\_yes \_\_\_\_\_no
4. If items are damaged, who pays for repair/replacement? \_\_\_Split \_\_\_Aw, forget it \_\_\_You break it, you buy it
5. Ownership issues are (low, mid, high) priority. (Circle One)

### WELCOME TO OUR ROOM

*(Please consider this first, NO visitors in rooms before NOON or after 11:00p.m.  
Per the SSF Resident Handbook and Student Code of Conduct)*

1. How late is "too late" for guests of either gender to visit? After \_\_\_\_\_
2. How late is "too late" for guests of the opposite gender to visit? After \_\_\_\_\_

3. If guests are visiting when we need privacy or quiet time, how will we communicate these needs?  
 just say it                       use a special signal
4. Guest issues are (low, mid, high) priority. (Circle One)
5. How much light do we need to study?  
 whole room lit                       light on desk                       whatever
6. How dark do we need it to be to sleep?  
 total darkness                       a little light is okay                       whatever
7. How late is "too late" to make or receive phone calls?  
 After \_\_\_\_\_ Anytime OK \_\_\_\_\_
8. How much noise can we tolerate when studying/sleeping?  
 complete quiet                       music okay                       whatever
9. What kind of music do we prefer?  any                       none  
 hard rock/heavy metal                       R&B                       soft rock/easy listening  
 classical                       Country                       Broadway show tunes  
 big band/marching band                       Other: \_\_\_\_\_

10. Our pet peeves are:

Roommate 1: \_\_\_\_\_

Roommate 2: \_\_\_\_\_

Roommate 3 (if applicable): \_\_\_\_\_

### "Freedom" or what does "On Your Own" Really Mean?

If issues like these come up, we agree to attempt to resolve them with our roommate(s). If we are not able to resolve the issues, we agree that the House Manager will be contacted to initiate a solution.

**REMEMBER:**

- **YOU** are responsible for the behavior of your guests
- **SMOKING** is not permitted inside SSF facilities
- **ALCOHOL** possession and consumption of SSF property is prohibited
- The illegal possession, sale or use of drugs is prohibited. Possession of drug-related paraphernalia is prohibited.

\_\_\_\_\_  
Signature                      Date

\_\_\_\_\_  
Signature                      Date